

Sister Nibedita Government General Degree College for Girls

Hastings House, Alipore, Kolkata-27

Notice

Notice No: SNGGDCG/177

Date: 24/06/2025

It is hereby notified that “International Yoga Day” will be celebrated on **26.06.2025** (Thursday) from 12.30 pm in the Sister Nivedita Hall according to the following programme schedule. All the students and all teaching and non- teaching staff members of the college are requested to attend the programme to make it a grand success.

Sr.	Name of the Programme / Events	Name of the Speaker/ Participants
1.	Invited Lecture on “Empower Through Asana: Celebrating International Yoga Day”	Dr. Rajarshi Kar, Assistant Professor, State Institute of Physical Education for Women, Hastings House, Kolkata
2.	<i>Show of some Yoga Postures</i>	Asmita Senapati, Student, Dept. of Statistics
3.	Online Quiz on Yoga Day/ Yogasana	All Students

Sd/-
Dr. Sebanti Bhattacharya
Officer-in-Charge,
Sister Nibedita Government General
Degree College for Girls

Sd/-
Dr. Uday Shankar Khatua
Convener, Sports Committee
Sister Nibedita Government General
Degree College for Girls